

Central Columbia Secondary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5/1/23	5/2/23	5/3/23	5/4/23	5/5/23
Cinnamon Toast Breakfast Bread	Bagel Pizza	Strawberry Filled Pull Apart Bagel	Breakfast Sandwich	Assorted Muffins
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/8/23	5/9/23	5/10/23	5/11/23	5/12/23
Apple Frudel	Cinni Mini	Chocolate Chip French Toast	Breakfast Sandwich	Donuts
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/15/23	5/16/23	5/17/23	5/18/23	5/19/23
Cinnamon Toast Breakfast Bread	Bagel Pizza	Strawberry Filled Pull Apart Bagel	Breakfast Sandwich	Assorted Muffins
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/22/23	5/23/23	5/24/23	5/25/23	5/26/23
Apple Frudel	Cinni Mini	Chocolate Chip French Toast	Breakfast Sandwich	Donuts
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/29/23	5/30/23	5/31/23	6/1/23	6/2/23
Memorial Day No school	Bagel Pizza Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Strawberry Filled Bagel Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Sandwich	Assorted Muffins
MONDAY JUNE 5 GRAB & GO BREAKFAST	TUESDAY JUNE 6 GRAB & GO BREAKFAST	WEDNESDAY JUNE 7 No Breakfast	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
Students FREE				

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
 Choice of fruit or vegetable (must take at least a 1/2 cup) and
 Choice of Milk
 1% white, fat-free white, fat-free chocolate

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:

Trix
 Cocoa Puffs
 Lucky Charms
 Golden Grahams
 Cinnamon Toast Crunch

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Steve Belles
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 General Manager
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MENU SUBJECT TO CHANGE
 BASED ON PRODUCT AVAILABILITY

PAYMENT & NUTRITION @
SCHOOLCAFE.COM



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